

KUMS CV Formatting

Dr. Hossein Ashtarian

Date: (date CV is prepared): 13.3.2021

Personal Information: (optional)

Sex: Male

Date of Birth

Place of Birth: Kermanshah

Citizenship: Iran

Visa Status / Type

Address and Telephone Numbers:

Office: 08337102004

Home

Present Position: Deputy of the Faculty of Nutrition Sciences and Food Industry

Education: Ph.D

Undergraduate: Nursing

Graduate: Medical Surgical Nursing

Postgraduate: Health Education

Academic Positions / Employment: Associate Professor, Department of Health Education and Health Promotion, School of Health

University and Hospital Appointments and Committees:

- ✓ Member of the Education Research Committee of the University Medical Education Development Center
- ✓ Member of Kermanshah University of Medical Sciences Scholarship Council

Medical Licensure and Board Certification:

Military Service: (optional)

Continuing military obligations

Iran-Iraq War (1980-1988)

Honors and Awards:

- ✓ Exemplary professor of the Faculty of Health in 2014

- ✓ The first prize for the best poster presentation, Leeds University, Faculty of Medicine and Health Postgraduate Conference, 12th November 2008
- ✓ The prize for the best tutor, KUMS, School of Nursing and Midwifery, 2001 & 2003
- ✓ The first prize for the best undergraduate student, KUMS, 1990

Editorial Responsibilities:

- ✓ Referee of the Iranian Journal of Nursing and Midwifery, Isfahan School of Nursing and Midwifery
- ✓ Member of the scientific board of the journal Educational Research in Medical Sciences Journal

Professional Societies and Organizations:

Major Invited Professorships and Lectureships:

Consulting Relationships and Board Memberships:

- ✓ The member of the national specialized committee for accreditation of health education and health promotion
- ✓ The member of the National Board in the field of health education and health promotion

Research Support (role, title, duration, amount):

Governmental

Non-governmental

Patents

Clinical Title and Responsibilities:

Teaching Title and Responsibilities: Associate Prof.

Bibliography:

Hemmatpour B, Poorshadan S, Azami H, **Ashtarian H**, Almasi A, Bijan B, FarahmandMoghaddam N. The effect of foot massage duration on vital signs of patients with cerebrovascular accidents with lowered level of consciousness in the intensive care unit. Journal of Babol University of Medical Sciences. 2020;22(1):308-17.

Ashtarian H, Shafiee F, Khezeli M, Almasi A, Rajati F, Zare F. (2020). Comparing the Effect of Lecture and Practical Demonstration Methods on Hand Hygiene in Elementary Students. J Basic Clin Health Sci; 4:271-275.

Moradi, K., **Ashtarian, H.**, Danzima, N. Y., Saeedi, H., Bijan, B., Akbari, F., & Mohammadi, M. M. (2020). Essential Oil from Citrus aurantium Alleviates Anxiety of Patients Undergoing Coronary Angiography: A Single-Blind, Randomized Controlled Trial. Chinese journal of integrative medicine, 1-6.

Khosravipour, M., Khosravi, F., **Ashtarian, H.**, Rezaei, M., Moradi, Z., & MohammadiSarableh, H. (2020). The effects of exposure to different noise frequency patterns on blood pressure components and hypertension. *International archives of occupational and environmental health*.

Hemmatpour B, Poorshadan S, Azami H, **Ashtarian H**, Almasi A, Bijan B, FarahmandMoghaddam N. (2020) Study of the Effect of Foot Massage Duration on Vital Signs of Cerebrovascular Accident Patients with a Lack of Consciousness Hospitalized in Intensive Care Units. *J BabolUniv Med Sci*; 22: 53-58.

Mirzaei-Alavijeh, M., Hosseini, S. N., **Ashtarian, H.**, Karami-Matin, B., Jouibari, T. A., Ghartappeh, A., ...& Jalilian, F. (2020) Job Involvement Among Faculty Members of Kermanshah University of Medical Sciences and Its Relationships with Professional Variables.

Ashtarian, H., Khezeli, M., Saeidi, S., & Zangeneh, A. (2019). The Effect of Model Based Health Education on Performing Breast Self-Examination in Women. *Journal of Basic and Clinical Health Sciences*, 4(1), 15-21.

Ashtarian H, Mehrabi N, Bazrafshan MR, Rahmati M. (2019) Validation of the NEECHAM Confusion Scale for Intensive Care Delirium Assessment. *J Health Sci Surveillance Sys*.;7(4):178-182.

Ebrahimi, M., Jalilian, F., **Ashtarian, H.**, Heidari, Z., & Rajati, F. (2019). The role of integrative model of behavioral prediction in voluntary counseling of individuals with sexual high-risk behavior. *Journal of education and health promotion*, 8.

Ashtarian, H., Marzbani, B., Almasi, A., Marzbani, B., Khezeli, M., & Shahabadi, S. (2018). The effect of educational intervention based on the theory of planned behaviour on consumption of iron supplement in high school girls. *Journal of evolution of medical and dental sciences-jemds*, 7(39), 5091-5098.

Ashtarian, H., Rohani-Rasaf, M., Afshari, A., Latifi, A., Aghaei, A., Darvishi, H., & Khezeli, M. (2018). Stages of changes, breast self-examination practice and related health beliefs in women-a theory-based study. *Journal of evolution of medical and dental sciences-jemds*, 7(30), 3430-3435.

Ariapooran, S., Heidari, S., Asgari, M., **Ashtarian, H.**, & Khezeli, M. (2018). Individualism-collectivism, social support, resilience and suicidal ideation among women with the experience of the death of a young person. *International journal of community based nursing and midwifery*, 6(3), 250.

Rajati, F., **Ashtarian, H.**, Salari, N., Ghanbari, M., Naghibifar, Z., & Hosseini, S. Y. (2018). Quality of life predictors in physically disabled people. *Journal of education and health promotion*, 7.

Ghanbari M, **Ashtarian H**, Yarmohammadi H. An investigation of the frequency of the occupational accident in Kermanshah, Iran (2009–2013). *Ann Trop Med Public Health* 2017; 10:1306-11.

Latifi, A., Ramezankhani, A., Rezaei, Z., **Ashtarian, H.**, Salmani, B., Yousefi, M. R., &Khezeli, M. (2017). Prevalence and associated factors of self-medication among the college students in Tehran. *Journal of Applied Pharmaceutical Science*, 7(7), 128-132.

Jafari, M., SharifiEbad, T., Rezaei, M., &**Ashtarian, H.** (2017). Association between spiritual health and depression in students. *Health, Spirituality and Medical Ethics*, 4(2), 12-16.

Ashtarian, H.,Mirzabeigi, E., Mahmoodi, E., &Khezeli, M. (2017). Knowledge about cervical cancer and pap smear and the factors influencing the pap test screening among women. *International journal of community based nursing and midwifery*, 5(2), 188.

Kabodi, S., Salimi, E., Kavoussi, H., Ebrahimi, A., **Ashtarian, H.**, RajabiGilan, N., &Shirzadi, M. (2017). Role of body image, social support and religious beliefs in predicting botox cosmetic surgery. *Journal of Mazandaran University of Medical Sciences*, 26(144), 219-229.

Sheikh-Azadi, E., Jalali, A., Bakhteh, A., Rezaei, M., &**Ashtarian, H.** (2016). The effect of group discussion on anxiety of primigravidas. *Research Journal of Medical Sciences*, 10(5), 498-502.

Mohammadi P, Kaboudi M, **Ashtarian H**, KaramiMatin B and Rezaei M. (2016) The effects of educational intervention on the constructs of social cognitive theory and theory of planned behavior on cesarean intention among nulliparous pregnant women. *Research Journal of Medical Sciences*. 10(2):43-48

Nourae F, **Ashtarian H**, Rezaee J, Rezaee M, Movafegh A, Dyson J and Motamedi, M. (2016). Study of the Psychometric Properties of Persian Version of Barriers and Facilitators Identification Instrument Associated with Hand Washing among Nurses. *Research Journal of Medical Sciences*, 10: 688-693.

Moradi KH, **Ashtarian H**, Darabi F, Hashemian AH, Saifi F. (2016) A survey on the effects of Lavender aromatherapy on the anxiety and vital signs of patients with ischemic heart diseases hospitalized in cardiac intensive care units. *J Clin Res ParamedSci*; 4(4):301-310. (in Persian)

Hosseini, S. N., Alavijeh, M. M., Matin, B. K., Hamzeh, B., **Ashtarian, H.**, &Jalilian, F. Locus of Control or Self-Esteem; (2016) Which One is the Best Predictor of Academic Achievement in Iranian College Students. *Iranian Journal of Psychiatry and Behavioral Sciences*, 10(1).

Miri J, Naderipour A, **Ashtarian H** and Hashemian AH. (2016)The Effect of Chronic Disease Self-Management Program on Health Status of Patients Undergoing Coronary Artery Bypass Graft Surgery. *Crit Care Nurs J*. Feb

Kabodi, S., Ghanbari, M., **Ashtarian, H.**, Bagheri, F., & Ajamin, E. (2016). Assessing elements of patient safety culture in Kermanshah health care and educational centers. *Health and Safety at Work*, 6(4), 63-74.

Ehsani S, Daneshgar F, PourmirzaKalhori R, **Ashtarian H**, Rezaei M, Atabaki M. (2015) Effectiveness of Three Methods of Eye Care in health of cornea in Patients Hospitalized in Intensive Care Unit in 2013. *J Clin Res ParamedSci* ; 4(3):270-276. (in Persian) 3

Ashtarian H and Ashtarian S. (2015) Representation of Multiple Intelligences in English for the Students of Medicine. *English for Specific Purposes World.*:48(16).

Ehsani S, Daneshgar F, Pourmirzakahori R, **Ashtarian H**, Rezaei M, Atabaki M. (2015) Effectiveness of Three Methods of Eye Care in health of cornea in Patients Hospitalized in Intensive Care Unit in 2013. *J Clin Res ParamedSci*; 4(3):270-276. (in Persian)

Ashtarian H, Khezeli M., Khodakaramian S., Khaledi M. Aryapooran S. (2015) Differences in family functioning and mental health between divorcees and married women: A comparative study. *International Journal of Multidisciplinary Research and Development*, 2 (10): 462-466

Rahimi M., Farhadi K, **Ashtarian H**, and Changaei F . (2015) Confirming nasogastric tube position: methods and restrictions: A narrative review. *Journal of Nursing and Midwifery Sciences*: 2(1): 55-62

KaramiMatin B., Jalilian F., Alavije MM, **Ashtarian H.**, Mahboubi M and Afsar A, (2014) Using the PRECEDE Model in Understanding Determinants of Quality of Life Among Iranian Male Addicts. *Global Journal of Health Science*, Vol 6, No 6

Ghanbari M, Yartire H, **Ashtarian H**, Salimi K, Pourman D, Mostafaei L (2015). A Study of sound pressure level, frequency analysis and sound spectrum levels calculation in Crepnaz factories of Kermanshah city . *J Clin Res ParamedSci*; 3(4): 294- 302.(in Persian)

Vaisi-Raygani AK, Jafari Z, Rezaei M, Zokaei H and **Ashtarian H.** (2013). The effect of endotracheal suctioning using or not using normal saline on respiratory physiologic parameters in open heart surgery patients. *J Kermanshah Univ Med Sci.*: 17(4), 237-243. (in Persian)

Ghanbari M, Johari H, **Ashtarian H**, Teimori B and Salimi K. (2013). Survey of occupational accidents in industries and workplaces of Kermanshah province in 2012. *JCRPS (Journal of Clinical Research in Paramedical Sciences)*, 2(1). (in Persian)

Jafari M, Pasdary, Rezaee M, Mehdizadeh H and **Ashtarian H.** (2013). The Effect of Nutrition Education Using Blogs, Group -Collaborative Blogs and Short Messaging on Lipids Profiles and Glucose in Patients with Type II Diabetes. *Medical Journal of Mashhad University of Medical Sciences*, ,Vol 56, No 5 (in Persian)

Ashtarian H, Woolridge M, Cheater F, Firth J. (2012) Factors influencing attendance at structured self-management education (SSME) programs for diabetes, Iranian Journal of Nursing and Midwifery, 17(7)

Razlansari M, Teimouri B, AlipourShirsavar HR, Taleghani M, **Ashtarian H**. (2012). Patients' views on perceived services quality using SERVQUAL Model at educational and medical centers of Kermanshah University of Medical Sciences, Journal of Clinical Research in Paramedical Sciences, , Vol(1) , N(3), P: 74-82 (in Persian)

Moshki, M &**Ashtarian, H**. (2010), Perceived health locus of control, self-esteem, and its relations to psychological well-being status in Iranian students. Iranian Journal of Public Health, 39(4): 70-77

Tohidnia, MH., **Ashtarian, H**. &Esmaeli, K. (2004) A survey on the knowledge of nursing staff working in surgery wards and incentive care units about the radiation risks and protection. The Journal of Kermanshah Nursing & Midwifery School, 1 (1), P: 14-18 (in Persian)

Ashtarian, H. Endotracheal-suctioning: considering important points. Behbood, 1996 1(1):27 (in Persian)