


Hossein Ashtarian, Ph.D.

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Professional Experience


- 2017 till now: Associate Professor, Department of Health Education and Promotion, School of Health, KUMS
- 2024 till now: Member of the board of directors of the Iranian Association of Health Education and Health Promotion
- 2022: till now Deputy of the Faculty of Health, Kermanshah, Iran
- 2020-2022: Deputy of the Faculty of Nutrition Sciences and Food Industry, Kermanshah, Iran
- 2020: The member of the national specialized committee for accreditation of health education and health promotion
- 2020-2024: The member of the National Board in the field of health education and health promotion
- 2011-2013: Head of the Faculty of Nursing and Midwifery, Kermanshah, Iran
- 1995-2006: Nursing Lecturer, Nursing and Midwifery School, KUMS.
- 1995-1999: Head of Nursing Department, KUMS.
- 1999-2006: Head of Operation Room Department, KUMS.
- 1998: Head of Nursing Office of Kermanshah Province, KUMS.


Biography


Dr. Hossein Ashtarian, a faculty member at the Department of Health Education in Kermanshah faculty of health, is a distinguished scholar with a PhD from the University of Leeds, England. With over 50 scholarly articles and a book to his name, he has made significant contributions to the field of health education. His extensive research and publications have garnered considerable recognition within the academic community. Beyond his academic pursuits, he has also held various administrative positions, demonstrating his commitment to both research and practical application of health education principles.


Education

- ✓ Ph.D. in Health Education, 2011, Leeds University, Leeds, England
- ✓ MSc in Medical Surgical Nursing, 1994, Tehran University of Medical Sciences, Tehran, Iran
- ✓ BSc in Nursing, 2009, Kermanshah University of Medical Sciences, Kermanshah, Iran

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 <https://scholar.google.com/citations?user=BJjbrCgAAAAJ&hl=en&oi=ao>



Teaching Background

2011-present

- ✓ Health communication
- ✓ Fundamental and principles of health education and promotion
- ✓ Health Literacy
- ✓ Education design
- ✓ Self-management education programs
- ✓ School health
- ✓ Health promoting hospitals

Research Interests:

Dr. Ashtarian's research focuses on enhancing health outcomes through various interventions. His specific interests include promoting self-care behaviors among individuals with chronic diseases, improving school health programs, increasing physical activity levels in the population, and empowering individuals through educational initiatives.

Journal Articles

- Ashtarian, H., Pouladi, I., Jalilian, F., Almasi, A. and Abi, F.A., 2021. Comparative study of the effects of two educational interventions of storytelling and roleplaying on tooth-brushing method in preschool children of Aleshtar city. *Sri Lanka Journal of Child Health*, 50(2), pp.246-252.
 - Ashtarian H, Shafiee F, Khezeli M, Almasi A, Rajati F, Zare F. 2020. Comparing the effect of lecture and practical demonstration methods on hand hygiene in elementary students. *J Basic Clin Health Sci*; 4:271-275
 - Ashtarian, H., Khezeli, M., Saeidi, S. and Zangeneh, A., 2020. The Effect of Model Based Health Education on Performing Breast Self-Examination in Women. *Journal of Basic and Clinical Health Sciences*, 4(1), pp.15-22.
 - Ashtarian, H., Mirzabeigi, E., Mahmoodi, E. and Khezeli, M., 2017. Knowledge about cervical cancer and pap smear and the factors influencing the pap test screening among women. *International journal of community based nursing and midwifery*, 5(2), p.188.
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